



Talking Health

Friday 16 September 2016



News Update

JOIN OUR FOCUS GROUPS TO SHARE YOUR VIEWS ON MATERNITY AND CHILDREN'S SERVICES



The NHS in Oxfordshire is redesigning a wide range of healthcare services, including maternity, obstetrics and paediatric services to ensure women and children receive the right care from the right professional in the right place.

We would like to have a detailed discussion with mums, dads and carers who have experienced these services in the last two years; and groups and organisations that represent people who use these services.

We are setting up three focus groups in October to look at midwife led units, obstetric care for all women across Oxfordshire and countywide paediatric services.

To find out more and to register your interest in being involved, please [click here](#)

COME ALONG TO OUR ANNUAL PUBLIC MEETING ON 29 SEPTEMBER



OCCG invites you to its Annual Public Meeting on Thursday 29 September (6pm to 7.30pm) at Jubilee House 5510 John Smith Drive, Oxford Business Park South, Cowley, Oxford, OX4 2LH.

The meeting will include a review of the year 2015/16 and information about our developing plans to enable us to provide high quality, affordable and sustainable care across Oxfordshire, both now and in the future.

Please RSVP to cscsu.talkinghealth@nhs.net or call 01865 334638

You are also welcome to attend the OCCG Board meeting on 29 September in Jubilee House, Oxford (2pm to 5pm). [Click here](#) for more information on both events.

TELL US YOUR THOUGHTS ON HEALTH SERVICES VIA TALKING HEALTH



You can still share your thoughts with us on how NHS services in Oxfordshire can deliver high quality care now and in the future via Talking Health - OCCG's consultation website.

The survey is part of OCCG's Healthcare Transformation Programme which is looking at ways local GPs and hospital services are delivered. More details on the programme can be found [here](#). To fill in an online survey on Talking Health [click here](#)

Alternatively, if you require hard copies of the survey please email your contact details including your address to: cscsu.talkinghealth@nhs.net or write to the Communications and Engagement Team, Oxfordshire CCG, Freepost RRRKBZBTASXU, Jubilee House, 5510 John Smith Drive, Oxford OX4 2LH.

OCCG will be at an information fair for older people and carers in Bicester on Friday 30 September to handout information on the Healthcare Transformation Programme (see story below for details). We're also holding a further 'Big Conversation' roadshow in Abingdon next month - exact details to be confirmed.

You can also visit OCCG's new website which carries the latest information and updates on the programme. To view the website click [here](#)

OCCG SHORTLISTED FOR A PRESTIGIOUS NATIONAL AWARD



Congratulations to OCCG who have been shortlisted for a Health Service Journal (HSJ) award for commissioning a new and innovative adult mental health service in Oxfordshire.

The OCCG submitted an entry in the 'Innovation in Mental Health' category explaining how these services are being delivered through outcomes based contracting.

The winners of this category will be announced at an HSJ awards ceremony in London in November this year. For more information on this new mental health service [click here](#)

JOIN US AT THE NEXT TOWNLANDS STAKEHOLDER REFERENCE GROUP



The next meeting of the Townlands Stakeholder Reference Group will take place in public on Tuesday 4 October 2016 (10am to 12midday) at a venue yet to be confirmed. Further details on the location will be made available soon on the OCCG website [click here](#)

Reminders

CONSULTATION LAUNCHED ON OXFORDSHIRE'S CARERS' STRATEGY



Oxfordshire County Council and OCCG are undertaking a joint consultation on the Oxfordshire Carers' Strategy 2017-2020 and future options for carers' personal budgets.

As part of the consultation we are holding an event to consult with carers on the following date:

- Thursday, 29 September 2016 at Oxford Town Hall (10.30am to 1pm)

If you'd like to attend the event or for more information about it email: carerssupportreview@oxfordshire.gov.uk

To read more about the strategy and to take part in the consultation [click here](#) You can also contact Angela Strange, Commissioning Manager at OCCG for more information email: angela.strange@oxfordshireccg.nhs.uk The consultation closes on 14 November 2016.

BOOK A GP APPOINTMENT VIA OUR NEW SMART PHONE APP



OCCG has launched a new phone app to help you find local health services quickly. You can also book a GP appointment via the app.

'Health and Care Oxfordshire' provides advice on when it might be best to visit a pharmacist or a GP and when to call NHS 111, and when self-management at home might be more appropriate. It highlights the type of injuries or illnesses most appropriate to be seen at minor injuries units or first aid units in Oxfordshire.

To download the app for iPhones [click here](#) and for Androids [click here](#)

'OPEN UP' AND HELP REDUCE MEDICINES WASTE IN OXFORDSHIRE

Do you take all the medicines
you are prescribed?



OCCG is supporting the 'Open Up' campaign to help drive down medicines waste and to ensure people use medicines safely.

The campaign encourages patients to talk to their healthcare professional if they have medicines that are prescribed to them that are not used, or patients have stopped taking a medication as it does not suit them.

For more information on the campaign which runs until December 2016 [click here](#)

RALLY ROUND TO SUPPORT CARERS IN OXFORDSHIRE



A new online service is bringing together Oxfordshire carers to help their loved ones stay safe and well at home.

Rally Round is a free digital network which enables family members, friends and carers to create and organise support for themselves and the person they care for.

Rally Round, which is backed by OCCG and Carers Oxfordshire, was designed to help frail older people and their family carers, but can be used to help anyone who needs more practical support. For more information [click here](#)

Partnership Information

GO ACTIVE AND GET HEALTHY IN OXFORDSHIRE



GO Active, Get Healthy is a fantastic opportunity to receive dedicated 1-2-1 support and motivation, to help encourage you to gradually increase your physical activity levels.

The programme is free to join and is available to anyone aged 16 and over in Oxfordshire who is currently not doing any exercise. Participants will receive up to three motivational support sessions, and up to £100 of activity vouchers to be used at their local leisure centre for continued support over 12 months.

For more information or to sign up please visit the GO Active website [click here](#)

TRAVEL ON THE COMET, A NEW LOCAL TRANSPORT SERVICE



The Oxfordshire Comet is a new, bookable transport service for local residents who don't have access to suitable public transport. The service can take you from your door to any destination in the galaxy of Oxfordshire and is also open to wheelchair users and those with mobility issues.

For more information and to book a journey [click here](#)

PITCH YOUR DIGITAL HEALTH IDEAS AT THE EXPERTS



Oxford's Digital Health Hub - [The Hill](#) - is holding its final meeting of the summer on Thursday 22 September. It takes place in the Tingewick Foyer at the John Radcliffe Hospital in Oxford (6pm start) where you can pitch your ideas for improving health services using digital technology at a panel of experts.

For more details and to reserve your place [click here](#)

'CARING MATTERS' CONFERENCE - 25 NOVEMBER, OXFORD



You might like to take part in the National Rights Day 'Caring Matters' Conference 2016 being held on Friday 25 November at the Kassam Stadium, Oxford (9.30am to 4.30pm). It is aimed at both carers and professionals and includes guest speakers, seminars and over 20 information stands.

For more information and to reserve your place [click here](#)

SHARE YOUR VIEWS ON HEALTH SERVICES AT BAMPTON TOWN HALL

You are welcome to join the Public and Patient Partnership at Bampton Town Hall, near Witney on Saturday 24 September (9.30am to 12midday) and share your views on local NHS services. Your thoughts will be fed back to OCCG to highlight how well services are being delivered in the town and surrounding areas. You can find Bampton Town Hall in the town's market square. For more information contact jen.marks@healthwatchoxfordshire.co.uk

LAY MEMBERS WANTED FOR THAMES VALLEY GROUPS

An exciting opportunity has arisen for people who live in Berkshire, Buckinghamshire, Oxfordshire and Milton Keynes and who would like to influence health services and patient care.

The Thames Valley and Milton Keynes Patient Experience Operational Group and Best Care Programme Oversight Group are looking for two Lay Partners to become members of either of the groups and make sure the patient voice is heard (there is one vacancy on each group).

For a job description and an application form [click here](#)

INFORMATION EVENT FOR OLDER PEOPLE IN BICESTER - 30 SEPTEMBER

A free information fair is being held for older people and carers on Friday 30 September (10.30am to 1.30pm) at the Ex Services Club, 67A Sheep Street, Bicester OX26 6JW. The event is an opportunity for people to come along and meet local organisations who provide advice, support and activities in your area. For more information contact Libby Griffin at Age UK Oxfordshire on: 07827 235410 or email: libbygriffin@ageukoxfordshire.org.uk

OCCG will also be at the event to distribute information on OCCG's Healthcare Transformation Programme - see above.

GRANTS OF UP TO £1,000 AVAILABLE TO COMMUNITY GROUPS

Has your community group done some amazing patient, service user or carer engagement work? NHS England wants to hear from you and will be awarding grants of up to £1,000 to number of projects that showcase good practice. For more information and to apply [click here](#)

Deadline is Wednesday 21 September 2016

Locality News

JOIN US AT BICESTER'S HEALTH AND SOCIAL CARE FAIR - 14 OTOBER



You are invited to the North East Locality's PPG Forum 'Health and Social Care Information Fair' in Bicester on Friday 14 October 2016 (10am to 2pm) at the John Paul II Centre, Henley House, The Causeway, OX26 6AW.

The event will allow you to share your views and experience of local health and social care services. The exhibitors will include the NHS, voluntary groups and charities. For more information [click here](#) or email: julie-anne.howe@oxfordshireccg.nhs.uk

Please contact Richard McCrann at South, Central and West Commissioning Support Unit Communications Team if you have any questions about this e-bulletin: richard.mccrann@nhs.net